



8.00 – 10.00

Parallel Session

Effects of Testosterone in Men

Zeremoniensaal

Chair: Ch. Kratzik, F. Romanelli

<i>B. Lunenfeld</i>	Effects of Testosterone in Men
<i>A. Milewicz</i>	Endocrine Varieties of Aging in Men
<i>E. Plas</i>	Therapy Options in Non-PDE Responder Patients
<i>A. Yassin</i>	Testosterone and Obesity
<i>Ch. Kratzik</i>	Testosterone and Depression

Physical Activity in the Aging Process

Geheime Ratstube

Chair: W. Eppel, W. Clementi

<i>P. Haber</i>	Biomarkers of Aging and Physical Activity
<i>R. Weinstabl</i>	Typical Sports Injuries: Diagnosis and Therapy
<i>N. Bachl</i>	Active Aging and Physical Activity
<i>A. Wolf</i>	Sarcopenia: A Constant Comorbidity of Aging

Free Communication I

Schatzkammersaal

Chair: U. Rohr, P. Rohdewald

<i>G. Békési</i>	Do Weak Oestrogens also Have any Antioxidant Capabilities?
<i>B. Rostad</i>	Depression in Elderly Women
<i>M. Azadi</i>	A Survey about Diseases Pattern in 45–65 Years Old Woman in North and East of Tehran, Year 2005
<i>P. Rohdewald</i>	Successful Treatment of the Climacteric Syndrome with Pycnogenol
<i>S. Taavoni</i>	Sexual and Marital Satisfaction: Related Factors in 45–65 Years Old Women in South of Tehran, Year 2006
<i>I. Ceausu</i>	One Day Clinic for Endometrium Evaluation in Postmenopause
<i>P. Cisár</i>	Effect of Pine Bark Extract (Pycnogenol®) on Symptoms of Knee Osteoarthritis
<i>V.V. Povoroznjuk</i>	Effectiveness of Different Forms of Teraflex in Treatment of Knee Osteoarthritis
<i>P. Rohdewald</i>	Improvement of Heart Health by Administration of Bioflavonoids
<i>J. Feher</i>	Mitochondrial Dysfunction: A New Target for Treating Age-Related Macular Degeneration

10.00 – 10.30 *Coffee Break & Poster Presentation*

10.30 – 12.00

Parallel Session

Genetics and Polymorphism

Zeremoniensaal

Chair: E. Vytiska-Binstorfer, M. Klentze

J.C. Huber	Polymorphism and Endocrine Metabolism
E. Chin	Preventive Genetic Testing – Should We Know?
M. Klentze	Genetics of Cardiovascular Risk
D.J. Skene	Human Chronobiology and Genetics

Dermatology

Geheime Ratstube

Chair: D. Kopera, E. Bartoletti

J.G. Ionescu	Slowing Down the Photoaging of Human Skin
D. Kopera	Infrared Light: A New Approach in Skin Tightening
F. Terranova	Skin Aging from Molecules to Wrinkles
E. Bartoletti	Aesthetic Medicine Complimentary to Aesthetic Plastic Surgery
D. Grablowitz	Outpatients Non-Surgical Treatment of the Face
P. Manissier	Efficacy of a Dietary Supplementation against Winter Skin Xerosis

An Outpatient Menopause and Anti-Aging Center Construction

Schatzkammersaal

Chair: S. Jirecek, E. Ertüngenalp

R. Goldman	The American View on Anti-Aging Medicine
H. Insel	Modern Check Up in Anti-Aging
S. Savas	Genetics-Bioprocesses and Aging in an Outpatient Department
J. Matsuyama	History and Current State of Clinical Anti-Aging Therapy in Japan
F. Ghaly	Non-Invasive Out Patient Procedure to Revascularize the Heart Muscle without Open Heart Surgery
A. Polimeni	7keto DHEA and Immune Response in the Elderly

Free Communication II

Radetzky Appartement II

Chair: U. Rohr, D.Y.C. Lai

F. Götz	Principles and Mechanisms of Neurotropic Action of Androgens
R. Stanislavov	Improvement of Erectile Function and Fertility with Prelox – A Placebo-Controlled, Double-Blind, Cross-Over Study
L. Kaku	Tailored Detoxification Programme in Anti-Aging
J. Neustadt	Mitochondrial Dysfunction and Aging
N. Getoff	Antioxidants and Related Compounds as Retardation Factors of the Aging Process
F. Leblhuber	Polyneuropathy and Dementia in Old Age: Common Inflammatory and Vascular Parameters
F. Marotta	A RCT Nutraceutical Intervention on Redox Status and DNA Damage in Healthy Individuals and Relationship with GSTM1 Genotype
M. Kyriazi	Chemoprevention of Murine UVR and DMBE-UVR Induced Non Melanoma Carcinomas by Oral Consumption of Pycnogenol
D.Y.C. Lai	The Importance of Genetic Mutation and Aberrant Promoter Methylation in Preventive Oncology
G. Kögler	Filling and Beauty: The Recommended and Forbidden Areas: My Tricks
Th. Rappl	Botox-Treatment for Actresses & Actors. Is there a Difference in Application and What is the Evidence for Common Treatment?



12.15 – 14.30 Lunch Symposium

Lunch Symposium VITABASIX

Zeremoniensaal

Chronobiology: New Approach within the Anti-Aging Medicine

Chair: R.J. Reiter

B.M. Stankov	Basics of Chronobiology
D.J. Skene	Gene Clocks and Their Role for Human Health
J.-D. Fauteck	Chronoceuticals – First Results of Chronobiological Products

14.30 – 16.30 Parallel Session

Osteoporosis

Zeremoniensaal

Chair: M.A. Dambacher, C. Christiansen

M.A. Dambacher	Quantitative and Qualitative Evaluation of Bone Structures in Humans In Vivo
E. Boschitsch	Recent Data of H(R)T-Studies and Their Impact on the Prevention of Osteoporosis
Ch. Wüster	Is Osteoporosis a Metabolic Disease?
C. Christiansen	Osteoporosis Serum Marker: An Update
G. Holzer	Mechanical Implications in Osteoporosis
H. Resch	Parathormone an Option in Osteoporosis Treatment?

International Menopause Society (IMS)

Geheime Ratstube

Chair: A. Pines

A.O.Mueck	Are Estrogen Metabolites Carcinogenic?
M. Gambacciani	Postmenopausal Hormones Prevent Chronic, Age-Related Diseases
D.W. Sturdee	Is HRT Suitable only for Younger Postmenopausal Women?
M. Birkhäuser – Ch. Bodmer	The Role of the Menopause Clinic in Promoting the General Health of the Postmenopausal Woman

Stem Cell Therapy: Their Option in Anti-Aging Medicine

Schatzkammersaal

Chair: M. Hengstschläger, K.-H. Preisegger

M. Hengstschläger	Stem Cells in the Human Amniotic Fluid
U. Jacob	Umbilical Stem Cells
K.-H. Preisegger	Stem Cell Therapy – What is Myth, What is Reality?
M.H. Frank	Immunomodulatory Functions of ABCB5+ Dermal Mesenchymal Stem Cells
C. Ganss	The Significance of Stem Cells in (Preventive) Medicine

16.30 – 17.15 Coffee Break & Poster Presentation



17.15 – 18.45

Parallel Session

Osteoarthritis

Zeremoniensaal

Chair: K.G. Klein, R. Schabus

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| <i>C. Christiansen</i> | New Osteoarthritis Serum Marker |
| <i>R. Kotz</i> | Surgical Treatment of Osteoarthritis |
| <i>R. Dierichs – S. Rose</i> | Basics of Osteoarthritis |
| <i>R. Schabus</i> | Joint Trauma and Osteoarthritis |

Healthy Aging and the Factor of Pursuing Happiness

Geheime Ratstube

Chair: I. Stamm, M. Birkhäuser

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| <i>H.P.G. Schneider</i> | Health and Happiness after Menopause: Medical and Ethical Aspects |
| <i>H. Laszlo</i> | Optimal Challenge in any Age – A Guarantee for Happiness in the Future |
| <i>E. Schuchardt</i> | Crisis Aging – A Learning Chance?
Crisis Management – A Lucky Coincidence in Healthy Aging |
| <i>G. Fischhof</i> | Healthy Aging and the Factor Happiness |

Anti-Aging Starts in the Mouth and Peri-Oral Area

Schatzkammersaal

Chair: I. Simma-Kletschka, H. Zeisler

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| <i>W. Schein</i> | Relations between Chronic Dental Infections and Systemic Disease |
| <i>V. Stejskal</i> | Metal Allergy and Toxicity – Risk Factors for Aging and Health |
| <i>J. Lechner</i> | Dental Toxins Block Enzymes and Cause Premature Aging |
| <i>I. Simma-Kletschka</i> | Acupuncture in the Mouth and the Peri-Oral Area |

Workshops

All Workshops take place at Radetzky Appartement II

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| 8.30 – 9.30 | <i>V. Grablowitz</i>
Endoluminal Laser Therapy in Varicose Vessel Disease |
| 14.30 – 15.30 | <i>J.C. Huber</i>
Practical Application of Polymorphism Diagnostics |
| 16.15 – 17.15 | <i>G. Holzer</i>
Musculo Skeletal Anti-Aging |
| 17.15 – 18.15 | <i>P. Frigo</i>
Hormone Therapy and Adipositas – From Cura Romana to hGH-Therapy |